# **Regener8 Health & Wellness**

## **Privacy Policy**

Last updated: July 1, 2025

## 1. Purpose & Scope

This Privacy Policy explains how we collect, use, disclose, and safeguard personal information—including protected health information ("PHI")—obtained through any Regener8 Health & Wellness or telemedicine platform, laboratory, wellness program, website, email, or other channel (collectively, "Services"). It applies to patients, prospective patients, caregivers, and any person who submits data to us.

#### 2. Information We Collect

| Category                 | Examples & Sources             | Basis for Collection          |
|--------------------------|--------------------------------|-------------------------------|
| Personal Identifiers     | Name, date of birth,           | Contractual necessity         |
|                          | address, phone, email,         | (providing care); legitimate  |
|                          | emergency contacts (via        | interest (patient             |
|                          | intake/HQ forms, phone         | identification).              |
|                          | calls, secure portals).        |                               |
| Clinical & Wellness Data | Medical history,               | Provision of treatment;       |
|                          | medications, allergies, vitals | legal/ethical obligation.     |
|                          | (InBody scans, BP, HR),        |                               |
|                          | physical-exam notes,           |                               |
|                          | symptom questionnaires.        |                               |
| Laboratory & Diagnostic  | Hormone panels, blood          | Provision of treatment;       |
| Results                  | chemistry, metabolic           | legal/ethical obligation.     |
|                          | profiles (drawn in-clinic or   |                               |
|                          | via third-party labs).         |                               |
| Telemedicine &           | Audio/video consult            | Provision of treatment;       |
| Communications           | recordings, secure             | quality assurance;            |
|                          | messages, emailed forms        | regulatory compliance         |
|                          | ("What to Expect"), PCC        | (HIPAA).                      |
|                          | follow-up notes.               |                               |
| Device & Usage Data      | IP address, browser type,      | Site functionality; security; |
|                          | referring pages (if you        | analytics.                    |
|                          | access patient portals or      |                               |
|                          | websites).                     |                               |

NOTE: We do not request or store credit-card data within clinical systems; payment details are processed separately per our Credit-Card Authorization Form.

### 3. How We Use Your Information

• Diagnose, treat, and monitor hormone-replacement and wellness conditions.

- Develop custom therapy protocols, medication/supplement schedules, and detox recommendations.
- Schedule appointments, lab work, and follow-up calls (e.g., Week 1, Day 21, Week 6, etc.).
- Communicate lab results, care plans, shipping notices, and tracking numbers.
- Maintain legal medical records, submit insurance claims (when applicable), and satisfy regulatory reporting.
- Improve quality of care, perform internal audits, training, and protocol refinement.
- De-identified data may be aggregated for research or statistical analysis; no patient will be personally identifiable in such reports.

## 4. Disclosures & Sharing

We disclose PHI only as allowed under HIPAA and related state privacy laws:

| Recipient                 | Purpose                      | Safeguards                  |
|---------------------------|------------------------------|-----------------------------|
| Network Physicians &      | Direct care, consults,       | Role-based EMR access;      |
| Licensed Providers        | prescription authority.      | secure telehealth platform. |
| Laboratories & Diagnostic | Collection, testing, and     | HIPAA-compliant lab         |
| Facilities                | result reporting.            | portals; encrypted          |
|                           |                              | interfaces.                 |
| Patient-Care Coordinators | Scheduling, protocol         | Signed confidentiality      |
| (PCCs)                    | coaching, ongoing wellness   | agreements; audit logs.     |
|                           | check-ins.                   |                             |
| Order Processors /        | Fulfillment of medications,  | Minimum necessary data;     |
| Pharmacies / Supplement   | NAD IVs, supplements.        | tracking shared via secure  |
| Vendors                   |                              | email/portal.               |
| Insurance Payers (if      | Eligibility verification,    | HIPAA EDI standards.        |
| elected)                  | claims, prior authorization. |                             |
| Regulators & Law-         | When required by             | Legal review before         |
| Enforcement               | subpoena, court order, or    | disclosure.                 |
|                           | statute.                     |                             |

We never sell or lease patient information to third-party marketers.

# 5. Patient Rights

- Access & Copies Inspect or obtain a copy of your medical record.
- Amend Request corrections to incomplete or inaccurate information.
- Request Restrictions Limit disclosures to family, insurance, or others.
- Confidential Communications Specify preferred contact methods or addresses.
- Accounting of Disclosures Receive a log of non-treatment-related disclosures.
- Revoke Authorization Withdraw any prior consent prospectively.
- File a Complaint With our Privacy Officer or HHS without retaliation.

### 6. Data Security

• Encryption – All EMR data at rest and in transit uses industry-standard encryption.

- Access Controls Multi-factor authentication and role-based permissions restrict staff access.
- Audit Trails Automatic logging of chart access, edits, and disclosures.
- Secure Disposal Paper records shredded; electronic data wiped per NIST SP 800-88.
- Incident Response Breach-notification plan consistent with HIPAA/HITECH requirements.

#### 7. Data Retention

Medical records are retained for at least seven (7) years from the last date of service—or longer if required by state law—after which they are securely destroyed or archived.

#### 8. Telemedicine & Electronic Communications

By engaging in telehealth visits or receiving emailed materials, you acknowledge:

- Electronic communications may carry inherent security risks; we use HIPAA-compliant platforms to mitigate these risks.
- You may opt out of unencrypted email or SMS reminders at any time by notifying your PCC.

### 9. Third-Party Links & Portals

Our websites or emails may link to external labs, pharmacies, or wellness resources. We are not responsible for the privacy practices of those sites. Review each third party's policy before providing personal data.

### 10. Policy Updates

We may revise this Privacy Policy to reflect operational, legal, or regulatory changes. Updated versions will be posted on our website and effective on the "Last updated" date. Material changes affecting your rights will be communicated via email or during your next visit.

#### 11. Contact Us

Regener8 Health & Wellness, LLC 2901 NW Commerce Park Drive Suite 1 Boynton Beach FL, 33426

Email: admin@regener8now.com

#### **Acknowledgment**

By continuing to engage with Regener8 Health & Wellness, you acknowledge that you have read and understood this Privacy Policy.